



## Aftercare tips

|                                                |                                                                                                                                                                                                                                   |
|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>For at least 4 hours</b><br>after treatment | <ul style="list-style-type: none"> <li>• Keep upright</li> <li>• Do not bend excessively</li> </ul>                                                                                                                               |
| <b>For 12 hours</b><br>after treatment         | <ul style="list-style-type: none"> <li>• Avoid extreme facial expressions</li> <li>• Avoid excessive alcohol consumption</li> <li>• Avoid wearing make-up</li> </ul>                                                              |
| <b>For 2 days</b><br>after treatment           | <ul style="list-style-type: none"> <li>• Do not rub or massage the treated area, this may cause the injected solution to spread to nearby muscles</li> <li>• After washing, pat skin dry very gently with a soft towel</li> </ul> |
| <b>For 2 weeks</b><br>after treatment          | <ul style="list-style-type: none"> <li>• Avoid exposure to strong sunlight, very cold temperatures and saunas</li> <li>• Do not have any beauty treatments on your face e.g. facials, facial massage</li> </ul>                   |

Remember: the effects of the injection are temporary, ask your practitioner when they recommend you return for re-treatment.

## Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard>. By reporting side effects you can help provide more information on the safety of this medicine.

Provided as a service to patients by



AZZ/006/0614(2)a Date of Preparation: April 2017  
References: 1. Azzalure Summary of Product Characteristics



**Azzalure®**  
Botulinum toxin type A

A guide to treatment  
Treating frown and smile lines with care

This leaflet does not replace the patient information leaflet included with the medication, which should be read.



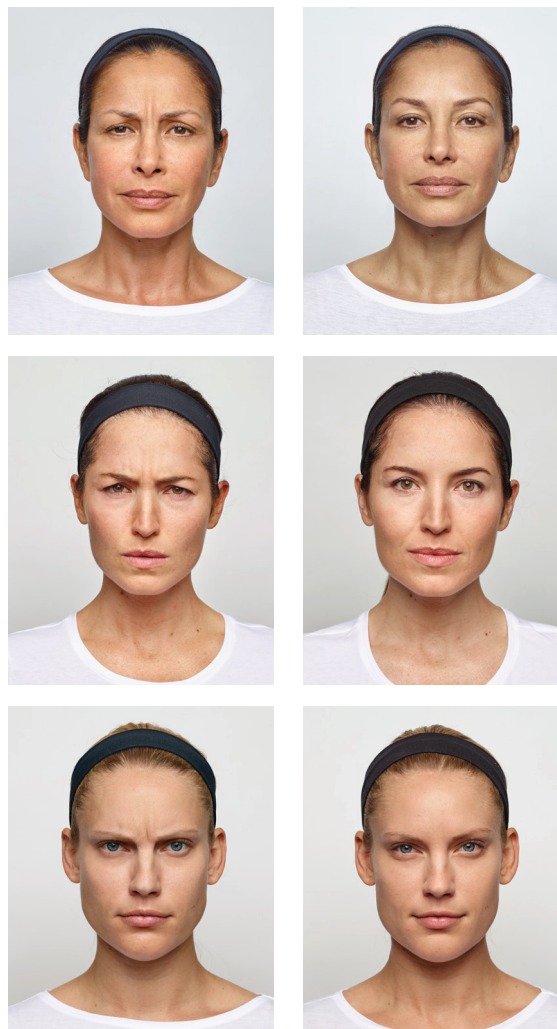
## About botulinum toxin treatment

Botulinum toxin type A is a naturally occurring bacterial protein.

Tiny doses of this substance are injected just under the skin into the muscles that are treated to reduce wrinkles. It specifically blocks the nerve impulse, allowing these muscles responsible for the excessive contractions that cause wrinkles to relax.

Azzalure® is licensed for the temporary improvement in the appearance of moderate to severe glabellar lines (vertical lines between the eyebrows) seen at frown, and/or lateral canthal lines (crow's feet) seen at smile in adult patients under 65 years.

Your practitioner has decided that you can receive treatment with Azzalure®. This leaflet explains more about the injections, what to expect and things to avoid in the first few weeks after treatment.



## Seeing the benefits

Azzalure® normally takes an average of 2 to 3 days<sup>1</sup> to start working as seen in glabellar lines, although it may take a little longer for the full effects to be seen. The speed of action will depend on the strength of your facial muscles and your individual response to the injection.

Hopefully you will be pleased with the effects of your treatment. The severity of glabellar lines can be reduced for up to 5 months and in lateral canthal lines up to 3 months.<sup>1</sup>

## On the day

Prior to injecting, any make-up will be removed and the skin disinfected. Your practitioner will then study your facial muscles to see how they work, as individuals can differ. The injections should be painless, but a local anaesthetic cream can be used prior to treatment.

To treat frown lines and crow's feet, Azzalure® is injected with a fine needle above and in between your eyebrows and at smile lines. The treatment session will last around 15 minutes and you can return to your usual daily activities immediately afterwards.

**Your practitioner should tell you more about how to look after your skin following treatment, but as a reminder there are some aftercare tips on the back of this leaflet.**

## What about side effects?

Like all medicines, Azzalure® can cause side effects, although not everybody gets them. Any reactions are generally minimal, temporary, and typically relate to the injection itself.

There may be slight discomfort as the needle enters the skin. There is also the possibility of bruising or bleeding at injection sites. It is also possible that you may get a headache.

The most common side effects of Azzalure® in the glabellar lines are headache and injection site reactions (e.g. redness, swelling, irritation, rash, itching, numbness, pain, discomfort, stinging, bruising and bleeding) and for lateral canthal lines; headache, injection site reactions and eyelid oedema. Normally these reactions are mild to moderate, reversible and occur in the first week after treatment. There is also a small possibility of slight drooping of the eyelid or visual problems.<sup>1</sup>

Other potential side effects are listed in the Azzalure® Patient Information Leaflet, please ask your practitioner if you have not been given this.